

Get to Know the Coaches Head Coach Howell

Occupation

ESE Teacher – 12 years (all @ Osceola) Cheer Coach – 7 years Prior to Teaching: Retail Buyer

Education

USF – Marketing & Psychology

SPC – Teacher Credentials

- Elementary K-6
- ESOL K-12
- ESE K-12
- Autism Endorsement

USF-St. Pete – Masters in Reading

Fun Facts

- Florida Native
- I Love Disney
- Avid Reader Rom-Com, Suspense, Supernatural
- My pampered pooches Faith & Annie
- Favorites:
 - Movies Mr. Mom, Dirty Dancing, Twilight series
 - TV Channels Hallmark & Crime Shows
 - Bands Eagles, Queen, Journey, Chicago, ABBA
 - Music 70s, 80s, & early 90s



Get to Know the Coaches Assistant Coach Dressback

Occupation

Principal's Secretary – OFHS since 9/2020 Pinellas County Schools – over 10 years Cheer Coach – 1 year



Fun Facts

- I love crafting of all kinds
- Baking is my way to de-stress
- I am a plant lady
- I have been married for 18 years
- I have 2 sons
 - Trever 24
 - Aden 17
- Lucy is my spoiled Chihuahua
- Favorites:
 - Movies all superhero movies
 - TV Shows Reasonable Doubt, Super Store, The
 Office, and The Falcon and the Winter Soldier
 - Music Dirty Heads, all 90s music

OSCEOLA

What to Work on Now

- PCSB athletic forms
- Athletic Insurance
- Certificates of Videos
- Copy of Birth Certificate
- Contact Information
- Cheer Handbook



*** ALL paperwork is due by May 22nd

Squads

Cheer Squads

- Varsity 11th & 12th grades
- Jr. Varsity 9th & 10th grades

Cheerleaders cheer for both the football and basketball seasons. Seniors may decline to participate in basketball season. All other cheerleaders may decline to participate **IF** they are participating in an **Osceola** winter sport. Between Varsity and JV, a total of 36 cheerleaders is allowed for each sport (season).

Football Squad – top 36 tryout scores

- Varsity 22-24 cheerleaders
- JV 12-14 cheerleaders

Basketball Squad – number to be determined

- Top 36 tryout scores minus Seniors and those participating in OFHS winter sports
- Next top tryout scores are added to reach a 36-member squad

Important Dates

Tryouts

Practices

- May 31st, June 1st-2nd
- 9:00am 12:00pm
- Osceola Gym

Judged Tryouts

- June 3rd
- 8:30am 'til done
- Osceola Gym

Parent Meeting

- June 6th
- 3:00pm
- Osceola Gym
- Uniform fitting @ 1:00pm

Practices

Summer

- Wednesdays, 12:00 3:00pm
- 6/8, 6/15, 6/22, 6/29, 7/6, 7/13, 7/20
- Osceola Gym

Cheer Camp

- July 28th-30th
- 9:00am 3:00pm
- Rock Solid Allstars Gym

School-Year

All Squads – Mondays, 2:15 – 4:30pm

Pictures

- Wednesday, July 27th (time TBA)
- Squad & individual pictures

What to Wear

Practices

Tryouts/Summer

- t-shirt/tank
- shorts/bloomers
- white tennis shoes
- white socks
- hair in ponytail
- no jewelry

Cheer Camp/Fall

- official Osceola Cheer practice uniform
- white tennis shoes
- white socks
- hair in ponytail
- no jewelry

Judged Tryouts

- plain white t-shirt (no writing)
- plain dark shorts (no writing)
- solid white tennis shoes
- solid white mini-ped socks
- white shoelaces
- hair in ponytail with white bow
- no jewelry

Social Media

EVERYTHING you post on social media sites reflects who you are and is a reflection upon your team, coaches, parents, and school officials. Inappropriate posts includes pictures, texts (language), and videos.

- No negative talk about your team or coaches
- No bullying or derogative talk
- No posting inappropriate subjects like:
 - swearing
 - drinking
 - smoking
 - nudity

1st offense will result in disciplinary action
2nd offense will result in dismissal from the team

Cheer Fees

<u>ltem</u>	Cost
Uniform Rental	\$50
Orange/Blue Pom-Poms	\$20
Game Bows	\$45
Cheer Camp	\$100
Homecoming	
 Pep Rally Bow 	\$15
• Dinner	\$15
Football Cheerleaders ONLY	
 Pink Pom-Poms 	\$20
 Pink Bow 	\$15

<u>ltem</u>	<u>Cost</u>
SENIORS ONLY	
 Megaphone 	\$35
 Senior Night 	Sash \$15
 Senior Night 	Garter \$10

*** The items listed are ordered by the school.

*** Cash deposit due on June 6th

*** ALL fees are due by July 27th

Cheer Store

REQUIRED	
<u>ltem</u>	<u>Cost</u>
Tank 1	TBD
Tank 2	TBD
Class Tank	TBD
Game Day Shirt	TBD
Cheer Bag	TBD

OPTIONAL	
<u>ltem</u>	<u>Cost</u>
L/S shirt	TBD
Sweatshirt	TBD
Jacket	TBD
Parent Shirts	TBD

*** Parents are responsible for ordering these items

*** Disclaimer:

The Cheer Store is a work in progress.

Pricing is not finalized as designs & clothing styles have not been confirmed.

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Thank You for your support!

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